

NW 8 Adult Local Advisory Council

Meeting Minutes

March 10, 2015

10:30 AM

Resource Center, Crookston, MN

Type of Meeting: Quarter I, 2015 Adult Local Advisory Council Meeting, hosted by Red Lake County.

Meeting Facilitator: Susan Dufault, NW8 AMHI Coordinator

Invitees: Consumers and Family Members of Consumers from Kittson, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake and Roseau Counties and other interested community members and providers.

I. Introductions

II. Approval of minutes from last meeting

Motion to approve Chris Orsland

III. Open issues

- a) Review Historical Adult LAC practices
 - Group shared historical practices of the LAC and May Mental Health month presentations for the community
- b) Compliance with State LAC Statute
 - Meet quarterly at minimum, need a consumer, family member of an individual with mental health services, MH Professional presence, CSP presence from counties. Application process to county director appointed board positions, bylaws, mission statement, among others.
- c) Officers and Increased Client Participation

Word of mouth, NWMHC Client Christmas party, case managers asked to recruit clients and family members when with them, advertising.
Meet more frequently at first until we can get on our feet and up to state statute; then proceed quarterly.
LAC handbook
Advertisement ideas: Church bulletins, Newspapers, radio, setting up a Facebook page,

IV. New business

- a) Mental Health Day on the Hill 2015
- b) May – Mental Health Month – Health Fair - Nutrition Health and Wellness

Specific topics with speakers throughout the day:
Speaker possibilities – TOPICS
Suggested for County resource tables
Locations:
 - Highway Department Pennington County
 - Sanford Clinic location across from Kmart in TRFProviders Attend from each county: Fact sheet& discussion of service availability
8 County tables, Provider tables, Medica, BCBC, MNSURE, UBH, CPC, Any service within the 8 counties
Meeting Frequency (dates & locations)
 - Tuesday April 7 10:30 -12:00; check the rooms in Sanford for this meeting
- c) Mission Statement – time ran out/ on hold for future meeting
- d) Work Plan – time ran out/ on hold for future meeting

V. Adjournment - 12:00 pm

In Attendance: Tracy Rondberg, Allison Fillmore, David Schmidt, Morganne Lundeed, Tori Peterson, Rob Lovejoy, Miranda Solem, Denise Gudvangen, Ruth Biel, Chris Orsland, Trisha Schuler, Kristina Klingseisen, Alicia Qualley, Nancy Rhen, Katie Midgarden, Susan Dufault