

Can you afford not to

JOIN in the Conversation

The Northwestern Mental Health Center, Inc. in an open dialogue with the community

Mental Health Outreach & Suicide Prevention

Three "Town Hall" meetings are occurring in NW Minnesota please join the location nearest you, to address mental health, talk about suicide prevention, have your questions answered. How do you know if someone needs help? What happens after a suicide? What are the next steps? What can I do? Where do I start? Meet service providers working in your community and train with NW Minnesota TXT4LIFE Regional Coordinator, Trevis Knutson, in the valuable suicide prevention program TXT4LIFE.

KITTSON MARSHALL MAHNOMEN NORMAN POLK RED LAKE

September 8, 2014	6:30 pm	Grace Lutheran Church, Gathering Space, Hallock, MN
September 10, 2014	6:30 pm	Mahnomen HS Library, Mahnomen, MN
September 24, 2014	6:30 pm	Win-E-Mac School, Media Center, Erskine, MN

