

## Outpatient Risks & Benefits of Substance Use Treatment



All participants in the Power of Change Outpatient Program will be informed of the inherent risks and benefits involved if they participate in the program:

These risks may include but are not limited to:

1. Since this is an outpatient program, clients can still access drugs or alcohol and may injure themselves or others as a result of this.
2. You may meet new people and acquaintances.
3. You may see people in the program that you already know; this may be uncomfortable.
4. You may feel alienated from friends, family members, or relatives.
5. You or your family may experience a sense of chaos as people change roles.

These benefits may include but are not limited to:

1. Sobriety from drugs and alcohol.
2. Peer support during the treatment process.
3. Restoring a sense of self-respect, dignity, and a healthy lifestyle free of chemicals.
4. Coping skills to address triggers and cravings for substance use.
5. Sober support network.